About Step By Step, Inc.

Step By Step, Inc., is a private, non-profit corporation devoted to the provision of community support services to individuals with intellectual disabilities, mental illnesses, autism spectrum disorders and physical disabilities.

Established in 1977, the agency today provides services to nearly 2,000 individuals in four regions across more than a dozen Pennsylvania counties.

Throughout its history, Step By Step has maintained a progressive view of the potential of individuals with disabilities.

A pioneer in the development of community group homes in the late 1970s, Step By Step, Inc., has provided safe, supervised, home-like settings for countless individuals. Homes are designed to provide each individual with a community setting in which they can experience and learn skills necessary for independent living.

Today, the agency in fulfilling its mission continues the development of an array of services which recognizes the abilities of people with intellectual disabilities and mental illnesses to live independently in their own homes with responsive supports.

Non-Discrimination Statement

Step By Step, Inc. will not deny employment on the basis of age, race, color, religious creed, sex, national origin, ancestry, disability, union membership, or high school equivalency.

Step By Step, Inc. will not deny admission, the provision of services, and referral of individuals on the basis of race, color, religious creed, disability, ancestry, national origin, age, sex, actual or perceived sexual orientation, actual or perceived gender identity or actual or perceived gender expression.

Step By Step Mission

Step By Step, Inc., a community based, human service agency, is committed to enhancing the quality of life and personal growth of those we serve through support for individual choice and independence. Our vast array of services focuses on meeting the needs of individuals, across the lifespan, while maintaining a vision toward each person's desire, ability, and right to be a productive and valued member of the community.

Step By Step, Inc., strongly and passionately believes in each individual's ability to succeed in life, through personal empowerment with dignity and respect.

In Support Of This Mission:

- We deeply believe in an individual's potential for resiliency, recovery and success.
- We believe in the personal need of everyone to be a part of and contribute to his or her own community.
- We believe that a professional and caring team of employees is our greatest and most valued resource.
- We embrace the knowledge that our partnership with individuals in services, family and community life is vital to developing, implementing and advocating public policy.
- We celebrate and respect the value of diversity.
- We encourage openness for creativity and innovation that promotes further success.



Printed on recycled paper



Specialized
Autism Support
Program



"Opening
to the Doors
Independence
Opportunity."



Specialized Autism Support Program (SASP)

The mission of the Specialized Autism Support Program (SASP) is to provide an efficient, clinically appropriate, comprehensive service to early intervention and schoolaged individuals diagnosed with autism spectrum disorder through a team format of support. The primary goals of this service are: to create an environment that will decrease problem behaviors while increasing learning time; enhance the acquisition and development of communication, academic, and social skills through the use of evidencebased techniques.

The highly qualified and trained staff of the SASP classroom models interventions, transfers skills to caregivers and educators, and seeks to develop ongoing community supports for the individual and family receiving services. In treatment planning the importance of focusing on individual and family strengths is highlighted.

Overview of Support Services

The SASP model includes:

- Psychological evaluations
- Interagency team meetings
- Individualized behavior planning
- Social skills training
- Intensive communication development
- Functional behavior assessments

Intervention Techniques

The SASP model is based on the principles of Applied Behavior Analysis (ABA) and employs the following techniques:

- Discrete trial intervention
- Differential reinforcement (DRA, DRI, DRO, DRH, DRL)
- Shaping
- Forward and backward chaining
- Task Analysis
- Modeling and video modeling
- Prompt and prompt fading
- Premack principle
- Behavior momentum
- Natural environment teaching (NET)

Referrals

The SASP classroom model is run in collaboration with local school districts. Referrals come from the school districts where the program is implemented. These services are funded through the Pennsylvania Department of Public Welfare Medical Assistance Program. Families who participate in the program are required to obtain Medical Assistance.

For Further Information

In Luzerne, Lackawanna and neighboring counties contact Step By Step, Inc., at (570)829-3477. In Carbon, Monroe and Pike Counties contact Step By Step, Inc. at (570)646-0377.

